

# do you know your risk for LUNG CANCER?

At Menorah Medical Center and Research Medical Center we know the best weapons against lung cancer are knowledge, early detection and treatment. We want to help you understand your symptoms and personal risk factors to report to your doctor. We have created these simple tools for you to evaluate your risk factors and identify possible warning symptoms.

*Survey questions are based on information from the American Cancer Society and the National Cancer Institute.*

## Possible Warning Symptoms

Read each statement carefully. Check Yes if the statement is true and No if it is false.

SYMPTOM	YES	NO
Cough that does not go away		
Bloody or rusty color in your sputum or spit		
Hoarseness that does not go away		
Repeated infections of bronchitis and pneumonia		
New onset of wheezing		
Unexplained shortness of breath		
Unexplained weight loss		
Unexplained fatigue or loss of appetite		

If you answered yes to any of these symptoms, you should notify your physician. Many of these symptoms can be caused by conditions other than cancer, but should be checked out by a physician. Only a physician can determine if you are at risk for developing lung cancer. To find a physician call 913-541-7400 or 816-751-3000.

## Know Your Risk Factors

Read each statement carefully. Check Yes if the statement is true and No if it is false.

RISK FACTOR	YES	NO
You have a history of tobacco or hookah smoking		
You have been exposed to second hand smoke over a period of time		
You have a known exposure to radon or asbestos over a period of time		
You have a known exposure to carcinogens such as arsenic, uranium, inhaled chemicals or minerals, or diesel exhaust over a period of time		
You have a personal history of lung cancer		
Members of your immediate family (mother, father, brother or sister, child) have a history of lung cancer		
You have a history of radiation therapy to the lungs		

*(continued on back)*

Each yes answer can increase your risk for developing lung cancer. You should see a physician yearly and discuss your risk factors and cancer screening plan.

Cancer screenings can result in early detection, diagnosis, and treatment. Early detection and diagnosis can lead to a more favorable prognosis when treatment is received early in the disease course. Ask your physician to develop a lung cancer screening plan individualized to meet your needs based on family history, lifestyle habits, and health status.

### **No Excuses, Get Screened.**

For more information, call Midwest Cancer Care at Menorah Medical Center at 913-541-7400 or Research Medical Center, 816-276-4700.



Menorah Medical Center  
Research Medical Center