

do you know your risk for SKIN CANCER?

At Menorah Medical Center and Research Medical Center we know the best weapons against skin cancers are knowledge, early detection and treatment. We want to help you understand your symptoms and personal risk factors to report to your doctor. We have created these simple tools for you to evaluate your risk factors and identify possible warning symptoms.

Survey questions are based on information from the American Cancer Society and the National Cancer Institute.

Possible Warning Symptoms

Read each statement carefully. Check Yes if the statement is true and No if it is false.

SYMPTOM	YES	NO
Mole that does not look the same on both halves, has irregular borders, has uneven coloring throughout it or is larger than a pencil eraser		
Change in a mole's appearance over time		
Skin lesion other than a mole that is growing or changes over time		
Skin lesion that bleeds		
Unexplained weight loss		
Unexplained fatigue or loss of appetite		

If you answered yes to any of these symptoms, you should notify your physician. Many of these symptoms can be caused by conditions other than cancer, but should be checked out by a physician. Only a physician can determine if you are at risk for developing skin cancer. To find a physician call 913-541-7400 or 816-751-3000.

Know Your Risk Factors

Read each statement carefully. Check Yes if the statement is true and No if it is false.

RISK FACTOR	YES	NO
You have multiple moles		
You have red or blond hair, fair skin, freckles and/or you easily burn		
You have a history of long-term exposure to sunlight or tanning beds		
You have a history of one or more skin cancers		
You have a history of pre-cancerous skin lesions		
A family member (esp. parent, brother or sister, child) has a history of melanoma		
Your immune system is suppressed by an illness or medications		

Each yes answer can increase your risk for developing skin cancer. You should see a physician yearly and discuss your risk factors and cancer screening plan.

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Cancer screenings can result in early detection, diagnosis, and treatment. Early detection and diagnosis can lead to a more favorable prognosis when treatment is received early in the disease course. Ask your physician to develop a skin cancer screening plan individualized to meet your needs based on family history, lifestyle habits, and health status.

No Excuses, Get Screened.

For more information, call Midwest Cancer Care at Menorah Medical Center at 913-541-7400 or Research Medical Center, 816-276-4700.



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